

30 Days to Taming Your Tongue
Week One – April 1-10, 2016

DAY	INFRACTION	SCRIPTURES	DECLARATION
Friday, April 1 st	The Lying Tongue	Proverbs 12:22 Proverbs 17:20 1 Peter 3:10 Revelation 21:8	"My mouth speaks what is true, for my lips detest wickedness. All the words of my mouth are just; none of them is crooked or perverse" Proverbs 8:7-8
Saturday, April 2 nd	The Flattering Tongue	Jude 1:16 Psalm 12:2-3 Proverbs 29:5 1 Thessalonians 2:5 Proverbs 28:23	"I will show partiality to no one, nor will I flatter any man; for if I were skilled in flattery, my Maker would soon take me away" Job 32:21-22
Sunday, April 3 rd	The Manipulating Tongue	Judges 16:15 Romans 12:6-8 Galatians 1:10 2 Corinthians 4:2	Because I am in right standing with God, He surrounds me with favor. Therefore, I have no need to manipulate anyone for personal gain or advantage.
Monday, April 4 th	The Hasty Tongue	Proverbs 29:20 Proverbs 18:13 James 1:19-20	I am swift to hear and slow to speak. The Lord has set a guard over my mouth and He keeps watch over the door of my lips.
Tuesday, April 5 th	The Divisive Tongue	Matthew 5:9 Proverbs 29:22 Ephesians 4:3 1 Peter 3:8 James 3:18	I will make every effort to speak words that engender peace and refrain from any communication that creates disunity.
Wednesday, April 6 th	The Argumentative Tongue	Proverbs 20:3 Proverbs 18:6, 19 Proverbs 17:14 Proverbs 20:3	I will resist becoming contentious by respecting everyone's right to have his own values and views.
Thursday, April 7 th	The Boasting Tongue	Proverbs 27:1-2 1 Corinthians 4:7 2 Corinthians 10:18 Psalms 49:20	"By the grace of God, I am what I am" 1 Corinthians 15:10
Friday, April 8 th	The Self-Deprecating Tongue	Judges 6:11-16 Philippians 4:13 Ephesians 3:20	God is able to make all grace abound toward me; so that I always having all things, may abound to every good work.

Saturday, April 9th	The Slandering Tongue	Proverbs 10:18 Ephesians 4:31-32 Titus 2:3 Psalms 15:1-3	I refuse to be a slanderer. I will use Philippians 4:8 as my conversation sifter. Therefore, whatever things are true, noble, just, pure, lovely, and of good report, if there is any virtue and if there is anything praiseworthy about someone, I comment only on these things!
Sunday, April 10th	The Gossiping Tongue	Proverbs 18:8 Proverbs 26:22 Proverbs 11:13 Ecclesiastes 7:21 Proverbs 29:12	I am not a busybody in other people's matters. Therefore, I do not yield my tongue as an instrument of gossip.

