



## 30 Days to Taming Your Tongue

### Week Two – April 11-17, 2016

DAY	INFRACTION	SCRIPTURES	DECLARATION
Monday, April 11 <sup>th</sup>	<b>The Meddling Tongue</b>	I Peter 4:15 Proverbs 11:13 II Thessalonians 3:11-12 James 4:12 Proverbs 26:17	I am genuinely interested in others and only seek information from them that will allow me to serve, love, and support them better.
Tuesday, April 12 <sup>th</sup>	<b>The Betraying Tongue</b>	Proverbs 11:13 Psalm 7:3-5 Proverbs 25:9-10 Psalm 55:20-21	I am a trustworthy person and can be depended upon to keep a confidence.
Wednesday, April 13 <sup>th</sup>	<b>The Belittling Tongue</b>	Ephesians 4:29 I Thessalonians 5:11 Proverbs 14:1	No unwholesome talk comes out of my mouth, but only what is helpful for building others up according to their needs, that it may benefit those who listen.
Thursday, April 14 <sup>th</sup>	<b>The Cynical Tongue</b>	Proverbs 1:1-3 Proverbs 14:6 Proverbs 22:10 Proverbs 1:22	I am blessed because I do not walk in the counsel of the ungodly nor stand in the way of sinners nor sit in the seat of the scornful.
Friday, April 15 <sup>th</sup>	<b>The Know-It-All Tongue</b>	Daniel 2:21 Proverbs 12:23 Proverbs 15:32 I Corinthians 8:1-3 Proverbs 29:23	I am prudent therefore I do not flaunt my knowledge.
Saturday, April 16 <sup>th</sup>	<b>The Harsh Tongue</b>	Proverbs 15:1 Proverbs 16:24 Proverbs 12:18 Ephesians 4:31-32	I open my mouth with wisdom. The law of kindness is on my tongue.
Sunday, April 17 <sup>th</sup>	<b>The Tactless Tongue</b>	Judges 8:1-3 Proverbs 31:26 Proverbs 16:23 Proverbs 25:11 Proverbs 20:15	My words are seasoned with grace as I speak the truth in love.