

30 Days to Taming Your Tongue

Week Two – April 11-17, 2016



DAY	INFRACTION	SCRIPTURES	DECLARATION
Monday, April 11 th	The Meddling Tongue	I Peter 4:15 Proverbs 11:13 II Thessalonians 3:11-12 James 4:12 Proverbs 26:17	I am genuinely interested in others and only seek information from them that will allow me to serve, love, and support them better.
Tuesday, April 12 th	The Betraying Tongue	Proverbs 11:13 Psalm 7:3-5 Proverbs 25:9-10 Psalm 55:20-21	I am a trustworthy person and can be depended upon to keep a confidence.
Wednesday, April 13 th	The Belittling Tongue	Ephesians 4:29 I Thessalonians 5:11 Proverbs 14:1	No unwholesome talk comes out of my mouth, but only what is helpful for building others up according to their needs, that it may benefit those who listen.
Thursday, April 14 th	The Cynical Tongue	Proverbs 1:1-3 Proverbs 14:6 Proverbs 22:10 Proverbs 1:22	I am blessed because I do not walk in the counsel of the ungodly nor stand in the way of sinners nor sit in the seat of the scornful.
Friday, April 15 th	The Know-It-All Tongue	Daniel 2:21 Proverbs 12:23 Proverbs 15:32 I Corinthians 8:1-3 Proverbs 29:23	I am prudent therefore I do not flaunt my knowledge.
Saturday, April 16 th	The Harsh Tongue	Proverbs 15:1 Proverbs 16:24 Proverbs 12:18 Ephesians 4:31-32	I open my mouth with wisdom. The law of kindness is on my tongue.
Sunday, April 17 th	The Tactless Tongue	Judges 8:1-3 Proverbs 31:26 Proverbs 16:23 Proverbs 25:11 Proverbs 20:15	My words are seasoned with grace as I speak the truth in love.