## Soul Detox: Clean Living in a Contaminated World Chapter 9: Mood Poisoning Purging the False Promises of Materialism

**Materialism** – a tendency to consider material possessions and physical comfort as more important than spiritual values.

## Lesson Scriptures

- Matthew 16:26 For what profit is it to a man if he gains the whole world and loses his own soul?
- Proverbs 13:7 There is one who makes himself rich, yet has nothing; and one who makes himself poor, yet has great riches.
- Luke 12:15 And He said to them. "Take heed and beware of covetousness, for one's life does not consist in the abundance of the things he possesses."

## **Questions to Ponder**

What would you do with a little more money?

How much more money would it take for you to be content?

What is materialism, and what effect does it have on your life and lifestyle?

## Food for Thought

You can have all of the money you think you will ever need and more possessions than most people think of possessing, but if you don't have Jesus you are still broke.

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