

Dynamic Disciples: Discovering the Power Within Through Prayer

Week 3: Types of Prayer

"Weekly Takeaways"

"It is important to understand that it is a prayer life that builds character that honors God." – Ravi Zacharias

Battle Plan

- Enlistment
- Basic training
 - *What Is and Isn't Prayer*
 - *Types of Prayer (1 Timothy 2:1)*
- Conditional
- Strategies
- Targets
- Ammunition

Creative Lists/Methods

- Many have been developed over the years to help explain different types—we will be using A.C.T.S.—Adoration, Confession, Thanksgiving, and Supplication.

Observe the Following When Studying Praise in Scripture

- A reminder of who God is: You are our Creator; You are awesome; Lord of all.
- A recounting of what He's done: you rescued us; You saved us; You provided for me.
- A recognition of His holiness; there is none like You; You are greater than...better than...higher than...more powerful than...anything else.
- A rejoicing in His name: We lift Your name; I praise your name; we honor your name.
- A relinquishing of control: I love You and give You my life; I surrender to You; all that I am and have is Yours.

Evening Discussion

1. Of the four types of prayer mentioned (Adoration, Confession, Thanksgiving, and Supplication), which ones do you tend toward, and which one do you most neglect?
2. If you are not already using this model, how might starting your prayers with adoration, confession, and thanksgiving better prepare you for supplication prayers?

You don't need to always include every type of prayer when you pray. (A.C.T.S.) Sometimes you need to just get to the point, like Peter when he cried, "Lord, save me" (Matt 14:30), or when Jesus said, "Father, glorify Your name," and that was it (John 12:28). Seek a balance and learn to go deeply into all of them. Together, they make prayer a richer, more complete experience.

Effective Takeaways

- Again...It is all for His glory!